

General Certificate of Secondary Education

Home Economics

Unit B001: Food and Nutrition: Short Tasks

Specimen Controlled Assessment Material

B001CA

INSTRUCTIONS TO TEACHERS

- Please refer to Section 5 of the Home Economics (Food and Nutrition) specification for instructions on completing controlled assessment tasks.
- Each task can be contextualised appropriately to suit facilities available in the area local to your centre.

Candidates submit **three** tasks for assessment. **One investigative** task and **two practical** tasks

Specimen investigative task

- Is it worthwhile using a food processor when making pastry/ bread/ sponge mixtures?

Specimen practical tasks

- It is recommended that we increase our intake of fibre. Choose a traditional recipe and adapt it to increase the fibre content. Plan, make and evaluate your work. **NB: This could be changed to focus on fat, sugar or salt.**
- Calcium is an important nutrient for developing strong bones and teeth. Plan and make 2 food items which are high in calcium. Evaluate your work. **NB: This could be changed to focus on other minerals such as iron or on individual vitamins. The focus could also be related to specific groups who may need specific nutrients e.g. young children teenagers, pregnant women and so on.**



OXFORD CAMBRIDGE AND RSA EXAMINATIONS

General Certificate of Secondary Education

**HOME ECONOMICS: FOOD AND
NUTRITION**

Specimen Controlled Assessment Mark Scheme

The maximum mark for this unit is **60** (20 marks per task)

SPECIMEN

Unit B011 Food and Nutrition: Short Tasks

Candidates submit three short tasks for assessment. Each task is marked out of a total of 20 marks using the marking criteria below giving a total out of 60 marks for the complete unit.

Support and help needed	Some support given	Candidates works increasingly independently
Planning		
<ul style="list-style-type: none"> Makes a suitable choice in response to the Task Gives limited reasons for choice Produces brief plan for practical work to include lists of ingredients and timed plan 	<ul style="list-style-type: none"> Makes suitable choices in response to the Task Gives reasons for choices made Produces accurate plan for practical work to include lists of ingredients and timed plan Chooses recording charts for taste panels and/or evaluations of chosen ideas if appropriate 	<ul style="list-style-type: none"> Makes suitable choices in response to the Task Gives detailed reasons for choices made Produces accurate & detailed plan for practical work to include lists of ingredients and timed plan Plans and produces instructions and recording charts for taste panels and/or evaluations of chosen ideas if appropriate
0-2 marks	3 marks	4 marks
Practical Work		
<ul style="list-style-type: none"> Follows plan with help Organises equipment/materials with help Uses equipment safely Demonstrates some skills in carrying out practical task 	<ul style="list-style-type: none"> Follows plan Organises equipment/materials effectively Uses equipment safely Demonstrates a range of skills 	<ul style="list-style-type: none"> Follows plan effectively Organises resources independently Uses equipment safely & independently Competently demonstrates a range of skills
0-3 marks	4-6 marks	7-8 marks
Outcomes		
<ul style="list-style-type: none"> Produces a quality outcome 	<ul style="list-style-type: none"> Produces one or two quality outcomes Completes recording charts if appropriate 	<ul style="list-style-type: none"> Produces one or two well presented, quality outcomes Accurately completes recording charts if appropriate
0-2 marks	3 marks	4 marks
Evaluation		
<ul style="list-style-type: none"> Makes general comments about the Task 	Produces an evaluation which: <ul style="list-style-type: none"> Identifies some strengths in the work Identifies areas to improve and recommends changes that could be made 	Produces a high quality evaluation which: <ul style="list-style-type: none"> Identifies strengths in the work Identifies areas to improve and recommends changes that could be made Draws conclusions that relate to the Task title
0-2 marks	3 marks	4 marks
TOTAL OUT OF 20		